

NCRR IDPA New Shooter Information Packet



November 2015

Welcome to IDPA Competition!

IDPA shooting is a fun and safe way to learn defensive pistol skills and sharpen your gun handling and shooting abilities. IDPA's safety rules are easy to learn and follow. Please read this material to familiarize yourself before your range safety orientation and participating in your first match.

The intent of this pamphlet is to give you a brief overview of IDPA and what you may expect when you shoot your first match at NCCR. *It does not cover everything.* For in-depth information, please visit IDPA on the web at www.idpa.com. The complete rule book is available on the IDPA web site at www.idpa.com/compete/rules.

Safety Rules

As with any firearm competition, safety is the primary and fundamental concern. The Four Rules of Gun Safety are the basis for the IDPA safety rules:

- 1) **Assume all guns are always loaded**
- 2) **Never let your muzzle cover anything you are not willing to destroy**
- 3) **Keep your finger off the trigger until your sights are on the target**
- 4) **Know your target and what is behind it.**

If these simple rules are always followed, most firearms accidents will never happen. Pay considerable attention to rules two and three. When shooting IDPA your finger should never be inside of the trigger guard until you are on target and ready to shoot. Always be aware of your muzzle's direction and keep it pointed safely downrange. Muzzle Safe Points are the limits that a shooter's muzzle can travel without being unsafe. Be sure to know where these limits are and always keep within them. Certain IDPA courses of fire may test your skills of keeping the muzzle in a safe direction. Be mindful of your muzzle and trigger finger, and you will always shoot safely.

Note that IDPA competitions take place on a "cold" range, so your gun will never be loaded until you are told to load it by a Safety Officer. You may handle ammunition and load your magazines at any time, but the gun itself must always remain unloaded and holstered unless instructed otherwise.

All ranges are supposed to have a "safe area" where you may handle, lubricate, and otherwise maintain your firearm. The safe area may NOT have any ammunition present in it. At NCCR, there is a designated safe area at the back of the club house. It is marked by red lines on the floor and a sign above the counter top. In this safe area, you may transition your unloaded pistol from your range bag to your holster, unholster your unloaded pistol and perform any maintenance, practice drawing from the holster, or make holster adjustments. With the exception of temporarily using an empty magazine to decock your gun, at no other time are magazines

allowed to be in the safe area.

Shooting Gear for the New IDPA Shooter

Participation in IDPA matches requires the use of handguns, holsters and other equipment suitable for concealed carry self-defense. With that in mind, and keeping the shooters' best interests in mind, IDPA's founders established equipment requirements that are based on commonly available firearms and gear, allowing individuals the opportunity to compete with minimal investment. The basic equipment requirements are:

- A safe handgun that is reasonable for self-defense
- A holster that carries the gun inside or outside the waistband on your shooting-hand side (no shoulder, cross-draw or tactical thigh-rig holsters). If you choose an Outside-the-Waistband (OWB) model, it must pull the gun tight enough into your body so that a person behind you cannot see daylight between you and your holster
- Three magazines, or four speedloaders / moonclips
- Two magazine pouches (or a one double magazine pouch) or three speedloader/ moonclip pouches
- Eye and ear protection (safety glasses and a set of muffs or ear plugs)
- A concealment garment: jacket, vest, or shirt that can cover your holster and ammo carriers.

We recommend that you try the sport first, before going out and spending money on specialized equipment. Find out that you enjoy it, and what the experienced competitors use (and why they use it) before you make any investments in new equipment.

IDPA has six different pistol divisions in which you can compete. Your firearm choice will determine which division(s) is applicable based on specifications listed in the IDPA rule book. We will not go into all the details here, so if you are unsure which is the proper division for you, ask when you come out to your first match and we can determine that then.

Ammunition

We recommend that you purchase basic ammunition for the matches. The accuracy and power of Match or Defensive-type ammunition is wasted on the type of shooting done at IDPA matches. For safety reasons, hollow point and steel core ammunition is not allowed at NCCR matches. Additionally, NCCR prohibits all Wolf brand ammunition on our range. For our club matches, you can generally plan on shooting between 50 and 72 rounds, so we recommend that you bring 100 rounds. If you are shooting a classifier (90 rounds) with us, we recommend that you bring 120 rounds. The additional rounds ensure that you have enough in case a reshoot is required.

What to Do On Arrival

When you arrive at NCCR, you'll need to register/sign-in for the match. Go to the table that is in front of the TV and there you will find the match registration sheet and score sheets. Here are the quick steps to follow:

- Fill out the registration sheet
- Fill out your scoresheet
- Pay the match fee to the person at the registration table
- If this is your first time shooting at NCCR complete an NCCR Waiver form
- Receive a new shooter orientation briefing
- Ensure that your gear (firearm, holster, mag holster, magazines, etc.) is ready for the match
- Take your scoresheet out onto the range and place it on the table with the other scoresheets in order by shooter number
- Review the Course of Fire displayed on the table. This is the official course of fire
- Be prepared to start shooting the match.

Shooting the Match

Competitors shoot in the order they arrive. Normally, we run four stages in a match. Once the range is set for the next relay of shooters, we will call the range hot and usually have four shooters load and make ready. If you have just been called to the line, you will be the first shooter on that relay. You will shoot stage one. At completion of shooting, you are encouraged to observe the scoring of your targets. Once your targets have been scored, you will have plenty of time to reload your magazines/speed loaders.

The Basics of Shooting a Match

Now we get to the fun part, actually shooting the match. To safely shoot the match, IDPA uses a standard set of range commands. All actions on the range are controlled by a Safety Officer (SO). S/he will start out with the following commands:

Range is Hot, Eyes and Ears – if you do not already have your hearing and eye protection in place, now is the time to do so.

Load and Make Ready – Slowly draw your unloaded firearm, insert a loaded magazine, rack the slide to chamber a round and re-holster; or using a speed loader, load the cylinder of your revolver, close the cylinder and re-holster. Most IDPA courses of fire require the gun be fully loaded (a full magazine [to division capacity] plus one round in the chamber). Each division has different requirements on what is considered a "full" magazine. It is governed by the division in which you are shooting, not what your total magazine capacity is. If you are in doubt, when you sign in ask what the magazine capacity is for your division.

Are you ready? – Once you are loaded and at the start position for the stage, the SO will ask "Are you ready?" We are looking for either a verbal or obvious nodding of the head that you are ready. If there is no response from the shooter within approximately three (3) seconds, the shooter is assumed to be ready. If you are not ready, you should make sure that the SO is aware of that by stating: "Not ready."

Standby - This command is given after the shooter is ready. This command will be followed by the start signal (clock buzzer) within one (1) to four (4) seconds. The shooter may not move or

change positions between the “Standby” command and the start signal, unless required to do so by the course of fire. Once the buzzer sounds, you draw your firearm and execute the actions necessary to complete the stage.

If Finished, Unload and Show Clear - This command will be issued when the shooter has apparently finished shooting the stage. If the shooter is not finished, the shooter should finish the stage and the command will be repeated. To unload and show clear, remove the magazine and pull the slide back to show the SO an empty chamber. If using a revolver, open the cylinder and empty it.

If Clear, Slide Forward or Close Cylinder – Close the slide or the cylinder as appropriate.

Pull The Trigger - The shooter will point the firearm at the backstop and pull the trigger to further verify that the chamber is clear. This requirement also applies to firearms with a de-cocker or magazine disconnect. For firearms with a magazine disconnect an empty magazine or dummy magazine must be inserted before the trigger is pulled, and then removed again. This command is not needed for revolvers.

Holster - The shooter will safely holster the firearm.

Range Is Clear - This command indicates to the shooter and anyone within the stage boundaries that the range is clear. This command begins the scoring and resetting of the stage.

NOTE

When going through the steps above, wait for the SO's command for each step. If you get ahead of the SO and they do not witness every step, you will get to go through the process again.

Additional Commands

Some additional commands that you might hear during a match are:

Finger - This command is given when the shooter’s finger is not obviously and visibly outside the trigger guard when it should be, which is basically any time you are not actively engaged in shooting. A finger call is a procedural penalty and a second occurrence during a match is an automatic disqualification.

Muzzle - This command is given when the muzzle of the shooter’s firearm is pointed near a muzzle safe point. The shooter must correct the errant muzzle direction and continue with the stage. Breaking the muzzle safe point is a serious safety offense and will result in a disqualification. Different ranges have different muzzle safe points depending on their setup. At NCCR, we use the 180 rule. Anytime your firearm’s muzzle breaks the 180 degree mark in relation to the backstop, you have broken the muzzle safe point which is an automatic match disqualification.

Stop - This command is given when something unsafe has happened or is about to happen during a stage, or when something in the stage is not correct. The shooter must immediately stop all movement, place the trigger finger obviously and visibly outside the trigger guard, and await further instruction.

Safety Note

**The three most important commands are: Finger, Muzzle, and Stop.
You must respond to these commands immediately.**

Cover - This courtesy command is given when a shooter is not properly using cover. If the shooter fires when outside of cover, they will earn a procedural penalty. If they adjust to properly using cover before firing a shot, no penalty is assessed. When cover is available on a stage, it must be used. The rules for cover are that at least 50% of your upper body and 100% of your lower body is behind the wall / barricade, etc. while shooting and reloading.

Scoring – Once your firearm is safely holstered it is time to score the stage. Scoring is relatively simple. After you finish shooting, your raw time (time it took to shoot the stage) is recorded.

Hits on the target are scored as follows:

- All head and 8" center ring hits are scored as 0 points down.
- Hits in the next scoring zone receive 1 point down each.
- Hits in the last scoring zone receive 3 points down each.
- Any misses are scored 5 points down each. (A mandatory head shot that lands in the body is considered a miss. Also a mandatory body shot that hits the head is also considered a miss). These points are totaled up and multiplied by .5 seconds. The total is then added to your raw time.

Penalties – Are earned/awarded for various rule infractions. The penalties are:

Procedural – Adds 3 seconds to the shooter's score. Examples include (not all inclusive):

- Not engaging targets in proper sequence
- Not using cover properly
- Not starting with the required amount of ammunition
- Not shooting while moving as required
- Finger call
- Not reloading as required
- Not following other course of fire rules as described

Failure to Neutralize – Given when there is not at least one hit in either the -0 or -1 scoring zones. Each FTN adds 5 seconds to the shooter's score.

Hit on a Non-Threat (NT) – Each hit on NT will add 5 seconds to the shooter's score penalty.

Failure to Do Right – This is a seldom-issued penalty given to shooters who do not follow the spirit or rationale of a stage. It can also be issued for using illegal equipment. If you shoot the course of fire as outlined and do not try to use inappropriate techniques or equipment to gain an advantage, this will never be a problem. An FTDR adds 20 seconds to the shooter's score.

If you wind up earning a Procedural, Non-Threat, or Failure to Neutralize penalty, do not get upset. This sport is all about learning and the only one who will remember at the next match is you. Learn from your mistakes and have fun!

The raw time, points down, and penalties are added together yielding your final stage score. All the stage scores are added together to provide your match score.

Other Items of Note

Movement – There are times within a match that you will be moving from one shooting position to another. During these times the important things to remember are to keep your muzzle pointed downrange and keep your finger off the trigger.

Other times you will be shooting while you are moving. The key to shooting on the move is to move smoothly by keeping your knees bent and placing one foot in front of the other (“heel to toe” or “toe to heel”, if retreating). Remember to get a smooth trigger pull on every shot. Your sights will move around some, but unless you jerk the trigger, you can still obtain decent hits.

Engaging Targets – There are two different methods of target engagement: tactical sequence and tactical priority.

Tactical Sequence – All targets must be engaged with 1 round before any following rounds may be fired at a target. For example, if you have 3 targets requiring 3 shots each, you would fire 1 round each at T1, T2, and T3 before re-engaging them. After you fire one round each it is up to you in what order to want to fire the remaining rounds. In this example, you might want to fire 1 round at T1, 1 round at T2, 3 rounds at T3, 2 rounds at T2, and 2 rounds at T1. This way you comply with the requirement that each target gets 1 round while minimizing the number of sight transitions required to shoot the stage.

Tactical Priority – Can be broken down two ways depending on if cover is available.

If you are in the open (no cover available) you must shoot them near-to-far. Targets that are within 2 yards of each other are considered the same (equal) threat level while targets more than two yards apart are considered different threat levels. For example if you have 2 targets at 3 yards (from you), 2 targets at 6 yards, and 2 targets at 10 yards you must shoot the targets at 3 yards first, then the 6 yard targets, then the 10 yard targets.

If cover is available the targets must be engaged in what is called “slicing the pie” or as you see them regardless of your distance to the target. For example if you are shooting around the right side of a barricade, you would engage all targets right to left as you see them while using cover. Conversely in you were shooting around the left side of the barricade; they would be engaged left to right.

Reloads – There are 2 approved IDPA reloads:

Slide Lock/Empty Cylinder Reload – Your firearm is empty of all ammunition. You can drop the empty magazine/empty the cylinder, reload a fresh mag or speed loader/moon clip and continue.

Loaded Cylinder/Loaded Chamber Reload (also known as a Tactical Reload or Reload with Retention) – where there is ammunition left in the magazine / cylinder or in the chamber. When this is the case, the shooter must retain the magazine / live ammo on their person as part of the reload.

A reload is deemed initiated by performing any one of the following actions:

- Withdrawing a magazine, speed loader/moon clip from a carrier, pocket or waistband.
- Activating the magazine release on a semi-auto pistol (as evidenced by the magazine falling from the firearm)
- Opening the cylinder of a revolver.

A firearm is deemed reloaded when the magazine is fully seated and the slide is fully forward or the revolver cylinder is closed and the firearm contains at least one unfired cartridge in the chamber, magazine, or cylinder.

Malfunctions - If your firearm fails to fire, do not panic. Malfunctions happen and competition is an excellent place to learn how to perform recovery procedures quickly.

Keep the muzzle pointed downrange. Most of the time, the problem is due to a bad round or improperly seated magazine. In this case: Tap the bottom of the magazine upward into the gun to re-seat the magazine, rack the slide back to chamber a new round, and then pull the trigger to verify that the gun will now fire. This is known as the Tap-Rack-Bang method. If a Tap-Rack-Bang does not work and you are not sure how to proceed, it is best to stop and request help from the SO. If requesting help, keep your muzzle downrange and follow the SO's instructions.

A potentially dangerous malfunction is known as a squib. This is caused by a cartridge that has a primer, but no powder in the case. When a squib round is fired, the bullet is pushed into the barrel where it stops. Firing a subsequent round may cause the barrel to rupture, resulting in extreme damage to the gun and possibly the shooter. A squib can be identified audibly by the "pop" or "pfft" noise and by the distinctly reduced recoil. If you even suspect that this has happened, stop immediately and request help from the SO. Remember to keep the muzzle downrange and follow the SO's commands precisely.

If you experience any kind of malfunction and are in doubt as to how to fix the problem, stop and ask the Safety Officer for help. Better to have a bad score than having to replace a damaged gun, or worse, damaged hands or face.

Final Tips - This sport rewards speed, but punishes for lack of accuracy. Take the time to place your shots properly. Remember you will lose 1/2 second for each point down. This adds up more quickly than you would think.

Do not crowd the barricade or wall when using cover. Staying back from the cover will not only make you less of a target (in the real world) but will help you move from target to target easier. Remember to get a smooth trigger pull every time, even at the expense of the "perfect" sight picture. Slightly misaligned sights may cause you to be a couple of inches off your point of aim, but jerking the trigger can cause you to miss the target entirely.

The final thing to remember is to stay safe and to have fun.